

# Lorelei C.

## Education & Certifications

- BA in Asian Studies, Minor in Japanese from University of Oregon
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Hobbies and Achievements

- Soccer
- Distance Running (marathon, half, 10K, 5K)
- Tennis
- Cooking



For more info about this trainer,  
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[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 521

