

Jackie N.



Certified Personal Trainer
Master Trainer
Group X Instructor
TC24 Coach
Team Member Since: 1997
Sessions Serviced: 15,000 +

Education & Certifications

- BS in Exercise Science from Montana State University
MS in Kinesiology Sport Performance from California state University Sacramento
- AED (Automated External Defibrillator)
 - American Council on Exercise - Personal Trainer Certification
 - CPR Certification
 - National Academy of Sports Medicine - Corrective Exercise Specialist
 - National Academy of Sports Medicine - Certified Personal Trainer
 - National Academy of Sports Medicine - Fitness Nutrition Specialist
 - National Academy of Sports Medicine - Performance Enhancement Specialist
 - National Academy of Sports Medicine - Sports Fitness Specialist
 - TC24 Coach

Hobbies and Achievements

Track Field Coach Shot Put, Discus, Hammer, Javlein



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 523

