

# Jackie N.



**Certified Personal Trainer**  
**Master Trainer**  
**Team Member Since: 1997**  
**Sessions Serviced: 15,000 +**

## Education & Certifications

- MS in Kinesiology - Sport Performance from CSUS
- BS in Exercise Science from MSU
- 24 Hour Fitness - Certified Personal Trainer
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist

## Hobbies and Achievements

- USATF 2003 Masers Champion: Shotput/Discus/Hamer/Javelin



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 523

