

Jonny G.



Certified Personal Trainer
Master Trainer
Assistant Fitness Manager
Team Member Since: 2009
Sessions Serviced: 5,000 +

Education & Certifications

BS in Business Management from CSUS
in Exercise Science from Bryan College

- American College of Sports Medicine - Certified Personal Trainer
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Weight Loss Specialist

Hobbies and Achievements

- Coach of the year - Collegiate Water Polo Association 11/13
- National Champion Coach - Collegiate Water Polo Association 12/13



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 523

