

Carlo S.



Certified Personal Trainer
Master Trainer
TC24 Coach
Team Member Since: 1997
Sessions Serviced: 20,000 +

Education & Certifications

- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- TC24 Coach

Hobbies and Achievements

Tough Mudder 2015,16
Numerous 5, 10k and half marathons
Avid Hiker
Traveling
Music Festival



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 536

