

Rob M.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Kinesiology from San Francisco State University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Sports
- Outdoor Activities
- 1st team all-league Wide Receiver and Cornerback, Novato, 2004, 2005, 2006
- Recognized student athlete Novato High School 2006



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 539

