

Tonya M.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Exercise Science from Florida Atlantic University
- National Strength and Conditioning Assoc. - Certified Strength and Conditioning Specialist®

Hobbies and Achievements

- Gymnastics
- Fitness Competitions
- Snowboarding
- Hiking
- Traveling
- Surfing
- Aerial Silks



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 540