

Emil P.



Fitness Manager
Team Member Since: 2010
Sessions Serviced: 2,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Soccer
- Nutrition
- Weight Lifting
- Crossfit
- Traveling



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24hourfitness.com/personaltraining

Club ID: 543