

Brian P.



Certified Personal Trainer
Master Trainer
Fitness Manager
Team Member Since: 2006
Sessions Serviced: 2,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Martial Arts
- Olympic lifting
- Yoga
- Guitar



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 545

