

Justin T.



Certified Personal Trainer
Master Trainer
Group X Instructor
Team Member Since: 2000
Sessions Serviced: 5,000 +

Education & Certifications

- BS in Kinesiology from SF State University
- AED (Automated External Defibrillator)
 - bodybugg® Calorie Management System Certification
 - CPR Certification
 - National Academy of Sports Medicine - Corrective Exercise Specialist
 - National Academy of Sports Medicine - Certified Personal Trainer
 - National Academy of Sports Medicine - Performance Enhancement Specialist
 - TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

Cycling
Volleyball
Fire knife dancing/ Hula Dancing
Comic book nerd
Art/music



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 547

