

Shane U.



Certified Personal Trainer
Team Member Since: 2012
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Kinesiology - Athletic Training from Colorado Mesa University
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Athletic Trainers Association - Athletic Trainer Credential

Hobbies and Achievements

- Basic Olympic Lifting Certificate - 2015
- Saint Louis Schools Athletic Trainer - 2012



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 548

