

# Brandon M.



**Certified Personal Trainer**  
**TC24 Coach**  
**Team Member Since: 2013**  
**Sessions Serviced: 2,000 +**

## Education & Certifications

- BA in Kinesiology from CSU Chico
- Teaching Credential from CSU Chico
- MA in Exercise and Sport Psychology from CSU Chico
- AED (Automated External Defibrillator)
- CPR Certification
- TC24 Coach

## Hobbies and Achievements

- Elite Level Personal Trainer 24 Hour
- Assistant Mens Soccer Coach SJ Delta College 2015 Present
- Adjunct Associate Professor SJ Delta College 2014 Present
- Muskulo skeletal Realignment, HIIT Training, Olympic Lifting
- Baseball, Soccer, Disc Golf, Tennis



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 557

