

Melissa T.



Certified Personal Trainer
Team Member Since: 2010

Education & Certifications

- BS in Kinesiology from California State University Monterey Bay
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Rugby
- Wrestling
- Football
- Track & Field
- Swimming



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Club ID: 557