

Courtney W.



**Certified Personal Trainer
Team Member Since: 2011**

Education & Certifications

- BS in Kineisiology from Marshall University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- KETTLEBELL – Certified Kettlebell Instructor
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Weightlifting
- Running
- Hiking
- Gardening
- Surfing



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 558