

Sean M.

Education & Certifications

- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist



Certified Personal Trainer
Team Member Since: 2011

Hobbies and Achievements

- Spending time with my family
- Weight training



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 561

