

Jay P.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- AS as a Respiratory Care Practitioner from ?
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- EMT IV Paramedic
- Advanced Life Support Certification
- National Body Building Champion - 2008
- National record holder in senior-masters deadlift - 500 lbs
- Animal activist for the human and ethical treatment of animals



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 562