

Rose E.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BA in Arts from NYU
- AED (Automated External Defibrillator)
- American Council on Exercise - Lifestyle and Weight Management Coach
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Hiking
- Dance
- Yoga



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 562