

Hana A.



Team Member Since: 2009

Education & Certifications

- BA in Physical Education from University of Jordan
- MA in Physical Training from University of Jordan
- 24 Hour Fitness - Certified Personal Trainer
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Swimming
- Reading
- Working out



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 571