Hana A.



Team Member Since: 2009

Education & Certifications

- BA in Physical Education from University of Jordan
- MA in Physical Training from University of Jordan
- 24 Hour Fitness Certified Personal Trainer
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine Corrective Exercise Specialist
- National Academy of Sports Medicine Certified Personal Trainer

Hobbies and Achievements

- Swimming
- Reading
- Working out



For more info about this trainer, scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 571

