

Chris H.



Team Member Since: 2008

Education & Certifications

- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Spending time with family and friends
- Various outdoor and sporting activities
- Listening to music



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 573

