

# Josh H.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification

## Hobbies and Achievements

- Spending Time with Friends and Family
- McNary Varsity Boys Soccer, State Quarterfinals, 2010
- Trained with Chemeketa Community College Mens Soccer Team, Fall 2011
- Trained with Corban University Mens Soccer Team, Spring 2012
- Passionate about Fitness and Sports



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 573

