

Carl B.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BA in English from University of San Francisco
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- Power Lifting
- Rock Climbing
- CrossFit
- Backpacking



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 577