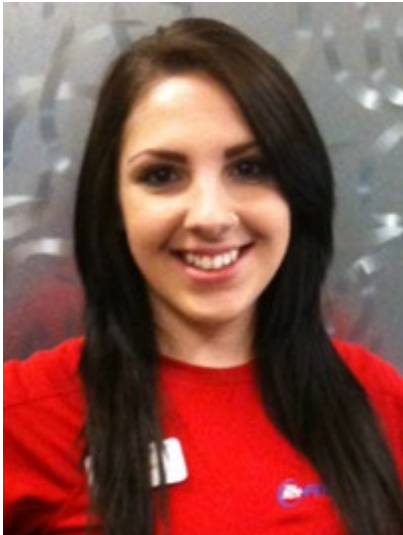


Sierra F.



Certified Personal Trainer
Team Member Since: 2010

Education & Certifications

- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Hiking
- Backpacking
- Body Building / Figure Competitions
- Volleyball



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 583