

Shan R.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BS in Advanced Health and Wellness from Bryan College
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Basketball
- Softball
- Swimming
- Physically demanding activities



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 592