

Jason L.



Certified Personal Trainer
Master Trainer
Team Member Since: 2006
Sessions Serviced: 5,000 +

Education & Certifications

- bodybugg® Calorie Management System Certification
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Weight Lifting
- Softball



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 598

