

# Josh V.

## Education & Certifications

- BS in Exercise Science from ???
- MS in Kinesiology from ???
- 24 Hour Fitness - Certified Personal Trainer
- Aerobic and Fitness Association of America - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist



Team Member Since: 2003

## Hobbies and Achievements

- Rugby
- Triathlons
- Cooking



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)