

Gardenia A.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BA in Kinesiology from San Diego State University
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Motorcycles
- Cycling
- Capoeira
- Swimming



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 621