

# Jeff C.



**Certified Personal Trainer**  
**Team Member Since: 2011**

## Education & Certifications

- BS in Architecture from Norwich University - The Military College of Vermont
- MA in Architecture from Norwich University
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Tri Sports
- Art & Architecture
- Foodie



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 621