

# Joanelle R.



**Certified Personal Trainer  
Group X Instructor  
Team Member Since: 2008**

## Education & Certifications

- BA in Psychology from Florida State University
- BS in Criminal Justice from Florida State University
- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Kickboxing
- Boot Camps
- Yoga
- Nutrition
- Travel



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 621