

Joshua W.



**Certified Personal Trainer
Team Member Since: 2012**

Education & Certifications

- Enter degree or delete this.
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Marine Corps Veteran
- 1st Place Spike-22 Jiu-Jitsu Tournament
- Outdoor Extreme Sports
- Thai Boxing
- Adventure Races/Obstacle Courses



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 623