

# Andres G.

## Education & Certifications

- BS in Sports & Fitness - Human Performance from University of Central Florida
- MS in Sports & Exercise Science - Applied Exercise Physiology from University of Central Florida
- AED (Automated External Defibrillator)
- CPR Certification
- USA Weightlifting Certification



**Certified Personal  
Trainer**  
Team Member Since:  
2013

## Hobbies and Achievements

- Playing basketball
- Working out
- Cheering for the Heat, Canes, Dolphins and Marlins



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 624

