

Marta N.



Certified Personal Trainer
Group X Instructor
Team Member Since: 2008
Sessions Serviced: 5,000 +

Education & Certifications

- BS in Business Administration from Universidad Central del Valle, Cali Colombia
- AED (Automated External Defibrillator)
- Aerobics and Fitness Association of America - Advanced Personal Trainer
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Federation of Professional Trainers - Personal Trainer

Hobbies and Achievements

- Exercise and Obesity - AFAA certified
- Senior Fitness - AFAA certified
- Nutrition Coach - GFE certified
- Pre and Post Natal - GFE certified
- Pole Dancing Instructor



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 624

