

# Jonathan V.



Team Member Since: 2008

## Education & Certifications

- Over 2,000 Sessions Serviced
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer
- National Federation of Professional Trainers - Personal Trainer

## Hobbies and Achievements

- Basketball
- Reading
- Weight training



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