

# Stefanie B.



**Certified Personal Trainer**  
**Team Member Since: 2011**

## Education & Certifications

- BS in Exercise Science from Florida State University
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- National Federation of Professional Trainers - Personal Trainer

## Hobbies and Achievements

- IFBB (International Federation of Body Building) Figure and Fitness competitor
- 2005 NFL Cheerleader
- Working out and body building



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Club ID: 629