

# Anna N.

## Education & Certifications



Advance Sports Nutrition Certified from ISSN International Society of Sports Nutrition

Physique Figure Training Specialist from NESTA

AFAA Group Instructor

ACE Certified Group Instructor

- AED (Automated External Defibrillator)

- CPR Certification

- National Academy of Sports Medicine - Certified Personal Trainer

- National Academy of Sports Medicine - Fitness Nutrition Specialist

- National Academy of Sports Medicine - Sports Fitness Specialist

- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

- TC24 Coach

- TRX Suspension Training – Certified TRX Instructor

- World Instructor Training School - Personal Trainer Certification

**TC24 Coach**

**Certified Personal Trainer**

**Group X Instructor**

**Team Member Since: 2012**

**Sessions Serviced: 2,000 +**

## Hobbies and Achievements

Dance

Music

Family

Cooking

Volleyball and Track

**For more info about this trainer,  
scan this code with your smart phone or visit:**

**[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)**

**Club ID: 631**

