

Anna N.

Education & Certifications



Advance Sports Nutrition Certified from ISSN International Society of Sports Nutrition

Physique Figure Training Specialist from NESTA

AFAA Group Instructor

ACE Certified Group Instructor

- AED (Automated External Defibrillator)

- CPR Certification

- National Academy of Sports Medicine - Certified Personal Trainer

- National Academy of Sports Medicine - Fitness Nutrition Specialist

- National Academy of Sports Medicine - Sports Fitness Specialist

- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

- TC24 Coach

- TRX Suspension Training – Certified TRX Instructor

- World Instructor Training School - Personal Trainer Certification

TC24 Coach
Certified Personal Trainer
Group X Instructor
Team Member Since: 2012
Sessions Serviced: 2,000 +

Hobbies and Achievements

Dance

Music

Family

Cooking

Volleyball and Track

**For more info about this trainer,
scan this code with your smart phone or visit:**

24hourfitness.com/personaltraining

Club ID: 631

