

# Jen P.



**Certified Personal Trainer  
Team Member Since: 2013**

## Education & Certifications

- BS in Sport and Exercise Science from University of Central Florida
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- CPR Certification

## Hobbies and Achievements

- Swimming
- Cycling
- Yoga
- Strength training
- Graduated Magna Cum Laude from UCF, 2013
- Orange County Public Library Wellness Initiative, 2013
- Extreme Wellness Club President, 2010-2011



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 632