

Brianna B.

Education & Certifications

- AED (Automated External Defibrillator)
- American Council on Exercise - Corrective Exercise Specialist Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer



Master Trainer
Assistant Fitness Manager
Team Member Since: 2005
Sessions Serviced: 5,000 +

Hobbies and Achievements

- Basketball
- Soccer
- Softball



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 654

