

# Mary D.



**Certified Personal Trainer  
Team Member Since: 2013**

## Education & Certifications

- BA in English from William Paterson University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- World Instructor Training School - Personal Trainer Certification

## Hobbies and Achievements

- Running
- Pilates
- Spin
- Cooking



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 654