

# Carl C.



**Certified Personal Trainer**  
**Team Member Since: 2011**

## Education & Certifications

- BS in Criminal Justice from Texas A&M Commerce
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Football
- Weight Lifting
- Family
- Church



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 656