

# Jessica G.

## Education & Certifications

- AED (Automated External Defibrillator)
- Cooper Institute - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer



**Master Trainer**  
**Team Member Since: 2011**  
**Sessions Serviced: 2,000 +**

## Hobbies and Achievements

- Cycling
- Backpacking
- Playing basketball



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 657

