

Sam B.



Certified Personal Trainer
Master Trainer
Assistant Fitness Manager
TC24 Coach
Team Member Since: 2009
Sessions Serviced:10,000 +

Education & Certifications

- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- PTA Global - PTA Global PT Certification
- TC24 Coach
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

CrossFit
MMA
Pumpkin Carving
Olympic Lifting
Oatmeal Cream Pie Eating Contests



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 657