

Heather P.



Master Trainer
Team Member Since: 2009
Sessions Serviced: 2,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- I have a beautiful baby boy, he is my proudest accomplishment.
- I love snowboarding, hunting and surfing in my spare time.



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 658

