

Creigh V.



Certified Personal Trainer
Master Trainer
Assistant Fitness Manager
Team Member Since: 2012
Sessions Serviced: 5,000 +

Education & Certifications

- BS in Kinesiology from Miami University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist
- PTA Global - PTA Global PT Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

Collegiate athlete
Functional and Strength Training
Traveling
Reading
Volunteer work



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 660

