

Vicki K.



Certified Personal Trainer
Master Trainer
Group X Instructor
Team Member Since: 2009

Education & Certifications

- BS in Horticulture from Texas A&M University
- Les Mills Bodyattack, 2009
- Les Mills Bodypump, 2010
- Les Mills CX Worx, 2010
- Les Mills Bodycombat, 2013

- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Teaching Les Mills Group X classes
- Family time with my husband and new baby girl
- Healthy cooking
- Community races and mud runs



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 660

