

Dana P.



Certified Personal Trainer
Group X Instructor
Team Member Since: 2004

Education & Certifications

- BS in Business Administration from University of Washington
- MA in Physical Education from Lindenwood University
- AED (Automated External Defibrillator)
- Aerobics and Fitness Association of America - Advanced Personal Trainer
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- Century cyclist
- Triathlete
- Hiking
- Camping
- Tennis



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 663