

# Jonathan W.

## Education & Certifications

- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- CPR Certification



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Hobbies and Achievements

- Amatuer muay thai kickboxer
- Soccer
- Playing guitar
- Spending time with my family
- Working out



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**[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)**