

Joshua C.

Education & Certifications

- BS in Exercise Science, Health Promotion from Colorado State University-Pueblo
- AED (Automated External Defibrillator)
- CPR Certification
- National Strength and Conditioning Assoc. - Certified Personal Trainer



Certified Personal Trainer
Team Member Since:
2013

Hobbies and Achievements

- Rock Climbing
- Cycling
- Hiking
- Skiing
- Snowboarding



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 664

