

Cliff G.



Certified Personal Trainer
Group X Instructor
Fitness Manager
Team Member Since: 2008
Sessions Serviced: 2,000 +

Education & Certifications

- BA in Kinesiology from OBU Ouachia Baptist University
- bodybugg® Calorie Management System Certification
- CPR Certification
- TC24 Coach
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Mountain West Player of the Week 2006
- All American 2007, 2008 Football
- Special Olympics Volunteer 2005 through 2008 Utah, Arkansas
- Traveling
- Boxing



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 667

