

# Joey M.



**Certified Personal Trainer**  
**Master Trainer**  
**Team Member Since: 2010**  
**Sessions Serviced:2,000 +**

## Education & Certifications

- BA in Health and Exercise Science from Colorado State University
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Clinical Exercise Specialist
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- TRX Suspension Training – Certified TRX Instructor
- USA Weightlifting Certification

## Hobbies and Achievements

- Hunting and fishing
- Dirt biking



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 667