

Matt W.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Health and Exercise Science from Colorado State University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

Athletics
Golf
Cooking
Spending time with my wife



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24hourfitness.com/personaltraining

Club ID: 667