

Michael S.



Certified Personal Trainer
Team Member Since: 2014

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Body Building- Sports Nutrition
- MMA
- Hiking
- Mountain Biking
- Surfing



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 667