

# Parker H.



**Certified Personal Trainer**  
**Team Member Since: 2016**

## Education & Certifications

- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- I have played and been involved in baseball most of my life
- I have been committed to fitness and nutrition for 5 years
- I enjoy being outdoors, fishing, hunting, hiking



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 667